



Altrusa Action

MONTHLY NEWSLETTER OF ALTRUSA INTERNATIONAL, INC. OF CENTRE COUNTY, PA
AUGUST, 2008

PICNIC: Wednesday, August 20th,
6:15 p.m., Millbrook Marsh
Nature Center barn, **\$15.00.**
**See page 2 for all the details,
and directions to get there.**
RESERVATIONS REQUIRED –
Standing reservations don't
apply for this picnic. Please
call Barb (238-8882) or email
her (brk@psu.edu) by the
evening of Sunday, August 17
to reserve for yourself and
friends.

BOARD

President: Becky Schrope
beckyschrope@hotmail.com
1st Vice President: Jill
hmbird@comcast.net
2nd Vice President: Gini v2f@psu.edu
Treasurer: Phyllis cormanpj@aol.com
Recording Secretary: Amy M.
amarama3@hotmail.com
Corresponding. Secretary: Tammy
tamgentzel2@cs.com
Directors (2007-2009):
Mildred: mlmeder@comcast.net
Doris: doris@ccunitedway.org
Directors (2008-2010):
Amy D.: amosd14@yahoo.com
Susan: sbhoover@uplink.net

COMMITTEE CHAIRS

Communications co-chairs: Tammy
tamgentzel2@cs.com and Ginny M.
ginginm@aol.com
Finance: Phyllis, cormanpj@aol.com
International Relations co-chairs:
Charlotte, cmz12@scasd.org and
Sindy:
sbutler@woodcraftindustries.com
Membership: Doris:
doris@ccunitedway.org
Service: Gini, v2f@psu.edu

PRESIDENT'S MESSAGE

I'm not sure if it's "giddy-up-'n-go" or "place your bets" that I'll be hearing during the annual summer picnic, but I have to tell you that I am very excited. It looks like we are going to have an exciting and lively time at the outing. I look forward to great picnic food, sharing laughs, and picking the winning horses with all of you. I hope to see you there.

I'm having a difficult time writing a serious message today. I think it's the sun and fun thing. However, I will get down to serious business. Isn't that why you elected me president? There has been an added duty for the committee responsible for the monthly program: the accent for that evening will be the responsibility of the committee in charge. There will be a schedule in this newsletter of the topic to cover for particular months, e.g. green or the Altrusa mission, and I will kindly remind committee chairs each month.

Also, I want to send out a special thank you to all members who purchased tickets for The Spikes fundraiser for non-profit agencies that many of our members are associated with. I know some of us were in attendance last night and helped cheer The Spikes on to a win to break their ten-game losing streak. Barb Kautz even sported her baseball cap. Sindy was there too, and Phyllis brought her mother, who can cheer like a trooper. And it was nice to see Nancy Desmond there with Roy. I also want to thank Nancy for her diligence and loyalty to Altrusa as she brings many guests as potential members. I think if there was a contest for number of guests a member brings to meetings, she would win hands down.

I'll sign off and hope to see you on the 20th.

Your President,
Becky Schrope

President: Becky Schrope
beckyschrope@hotmail.com
P.O. Box 1232
State College, PA 16801

Editor: Barb
Production: Tammy
Distribution: Barb

www.altrusacentrecounty.homestead.com

THE PICNIC

Time: 6:15 p.m.

Location: Millbrook March Nature Center Barn
and Pavilion Facility
614 Puddintown Rd
State College, PA 16801
(814) 231-3071

Picnic Fair Provided:

grilled hotdogs and hamburgers
picnic salads and fruit plate
lemonade, ice tea and water

Registration Fee: \$15

Program: A Night at the Races

***STANDING RESERVATIONS
DO NOT APPLY***

AND THEY'RE OFF!

Join us for an exciting test of a "Night at the Races!" As many of you know, we have talked a great deal about finding an alternate fundraising option that requires less labor, costs less for participants, and allows for a low-key, laid back evening together with Altrusans, friends and significant others.

As a result, we are testing "A Night at the Races," which involves the rental of six DVD formatted horse races with a live announcer. The rented kit provides instructions on placing bets and awarding prizes for a variety of finish combinations, racing programs, and betting tickets. We're excited by the possibilities of fun and income from the event and hope you will bring your friends, relatives, racing voices (to encourage your favored horse on), and a few extra dollars for placing bets.

GETTING THERE

From State College:

East Beaver Avenue to East College Avenue
Turn left at Puddintown Road (The Room Doctor will be on your left at this intersection)*
Slight right to stay on Puddintown Road
Follow Puddintown Road to the Nature Center
***NOTE:** if you have reached the 322 Bypass interchange, you have gone too far!

From Bellefonte:

Route 150 to Route 26 (East College Avenue)
Follow East College Avenue toward State College
Turn right on Puddintown Road (The Room Doctor will be on your right at this intersection)*

Slight right to stay on Puddintown Road
Follow Puddintown Road to the Nature Center
***NOTE:** If you have reached the "Welcome to State College Borough" sign, you have gone too far!

From Altoona:

Take I-99 to State College/US-322 E
Merge onto Mt Nittany Expressway / US-220 N / US-322 E

Continue to follow Mt Nittany Expy/US-322 E
Take the PA-26 exit toward State College
Turn right at E College Ave/PA-26
Turn right at Puddintown Road (The Room Doctor will be on your right at this intersection)*

Slight right to stay on Puddintown Road
Follow Puddintown Road to the Nature Center
***NOTE:** If you have reached the "Welcome to State College Borough" sign, you have gone too far!

COMMITTEE REPORTS

Communications – Tammy and Ginny, co-Chairs

The committee met on Tuesday, July 29 to finalize editing for the 2008-2009 yearbook. We will be making content changes to our history and United Nations pages, so take a look at the yearbook when you get your fresh off the presses copy!

Please note that the last opportunity to submit a new picture for your membership page, or to report changes to your contact information, will be Wednesday, August 20. You may bring a photo and/or contact changes to the picnic, or E-mail or snail mail your info by that date. You can have your picture taken by one of the communications committee members while at the picnic. If you opt to E-mail, please send your information to Tammyg@communityhelpcentre.com.

Service – Gini, Chair

Library Cleaning:

We're happy to announce that the Bellefonte Library cleaning crew (led by the faithfuls Phyllis and Sindy...and last month assisted by June and Gini) has completed cleaning of one entire section of books! While this might not sound like an outstanding accomplishment, it's a **lot** of shelves and a **lot** of books.

Please mark the **third Saturday** of each month on your calendar and come out at 9:00 (or as near to as possible) to help clean...AND to enjoy the surprise location for lunch that day. It really is a lot of fun, and probably the only time the library does not try to hush up the talking and giggling!

Assisting Other Non-profits:

We have two requests for Altrusa's assistance, both of which sound like fun!

- Millbrook Marsh has requested assistance with their golf tournament fund raiser in August. If you are interested in pouring beer (not that I think any members would have experience in such an activity),

selling raffle tickets, providing general support, etc., for the event, please contact Gini at v2f@psu.edu or 466-3167. This is the opportunity announced at the July meeting.

- ClearWater Conservancy has asked for assistance with their Spring Creek Day Family Festival on September 28, held at the Millbrook Marsh Nature Center. The activities include perhaps staffing a Carbon Footprint booth, staffing the food area, and whatever other creative things we can dream up. Again if you have interest, contact Gini.

Gini will also be reaching out to those who identified themselves as wanting to participate in such opportunities.

SPOTLIGHT ON.....

The first article in the "Blowing the Horn" series. Submit articles to Barb by two weeks before a club meeting for inclusion in the newsletter.

Altrusan Marla Moon was awarded the Dr. David Sullins InfantSEE[®] Doctor of the Year Award for 2008 by the American Optometric Association at their annual convention last month in Seattle, Washington. Marla is a founding and principal partner of Nittany Eye Associates in State College. She was recognized for her continued service to the vision welfare of infants and children since the inception of the InfantSEE[®] program.

She has served as the InfantSEE[®] State Leader for Pennsylvania, and has been instrumental in obtaining a 40% volunteer rate from fellow optometrists in Pennsylvania for participation in this program. She has also distributed over 4,000 brochures, and has lectured throughout the state on infant and children's eye conditions. Marla was also instrumental in the development of the **Kids Welcome Here** public eye education program in Pennsylvania, and co-authored a school nurse education program on common eye conditions found in children. She also provided consultative services to the Pennsylvania Department of Health's School

ALTRUSA ACTION

August 2008

Health Division in the revision of the School Nurses Vision Screening Guidelines.

The InfantSEE[®] program is a partnered program with Johnson & Johnson Vision Care, Inc. that provides a no-cost public health program developed to provide professional eye care for infants nationwide during their first year of life. Marla is the first woman to have won this award.

CONGRATULATIONS, MARLA!!!

MINUTES

Business Meeting, July 16, 2008

Guests: Dawn Rodgers (brought by Amy Debach) will become a new member of Altrusa as soon as she pays her dues. She will be initiated in September.

Altrusa Accent: There was no accent today. In the future we will take a few minutes to discuss the accent, which will have been given by the committee responsible for the program that month.

Positive Notes:

Sandi: She has been given small Habitat Houses that will be used to collect donations which can then be used to provide refreshments for each house warming, and also a basket for each house. They will be on the tables each month for donations.

June: Her granddaughter went to New York and got a walk-on part in an episode of Ugly Betty that will be seen in the fall.

Jill: Her husband retired in June after 35 years of teaching. He may be looking for things to do, so if anyone is looking for an unemployed school teacher, please keep him in mind. Also, her son has been in Ecuador all summer. They had not been able to reach him, but finally got to talk to him last week. He is having the time of his life, bathing in waterfalls and learning the local language.

Susan: Her daughter graduated in May, and now works for the FAA as the International Visitors Coordinator. She has recently learned that the FAA will pay for her to get her masters degree.

Ginny E.: went to Bethany beach with two of her grandchildren. Got to stand in the surf for hours and is now very tan.

Becky: sharing news about **Micki**, who had had a brain tumor in the past and was not feeling well the past week; she was afraid it might be related to that. To be safe, they took a CAT scan, and her illness turned out to be sinusitis.

Jenn: Her husband recently quit his job and will be starting his own construction business.

Jill had 11 people looking to buy this week.

MINUTES of the June Business meeting were approved with the following corrections:

- Becky's niece got a leadership scholarship of \$10,000, not \$1,000
- Cost of August dinner will be \$15 not \$20.

COMMITTEE REPORTS:

Treasurer: There will now be a treasurer's report in the newsletter every quarter. Updates will be given as needed. A deposit of \$1,301 was made from 9 dues, dinner, Positive Notes and wine. 36 members have paid dues. 9 have resigned, 9 still waiting, some of who will renew.

Correspondence: Since there was no report, Norma Keller asked to present an idea: Norma wants us to support and recognize Altrusa's involvement in UNA-USA. She was told about *The Green Book* by Elizabeth Rogers and Tom Costragen, a synopsis of good green things to do. A NYT best seller, it was given to Janice Bigelow by Jenn Shuey. It has great info that may help us with our program in September. We could do accents out of *The Green Book* for discussion each month. We have a discount card to purchase them at Barnes and Noble, but if we order them from Amazon, we get money for District Two. If you go to the Altrusa District Two website there is a link for Amazon.com that will raise money for the District.

Communications: We are putting the yearbook together. If you want changes, get them to

ALTRUSA ACTION

August 2008

Tammy or Ginny M. Mildred requested that we add the phone numbers for District Officers to the listing in the yearbook. If you want changes to your dinner reservations please let Barb know.

Finance: Becky won the 50/50 drawing of \$7.50, and donated it to the conference fund. Phyllis brought a quart jar of spiced beets that she wants to auction off. Proceeds will benefit the workshop; the beets went to Micki for \$6.00.

Membership: there are 9 members who have not renewed; members will call those they know to encourage them. New members will be initiated in September.

Service: The committee would like to thank the two people who submitted mystery night questionnaires. Please respond to the questionnaire that was in the July newsletter.

- We accepted a project from Clearwater conservancy to help with the Golf Fest on Monday August 25th. They are looking for people to make calls to teams to find out shirt sizes, handicaps, if they are staying for dinner, etc. Call Jenn Shuey if you want to help – they need the info by August 1st. They are also looking for a photographer.
- Also had a request for help at State College Continuing Ed—but it was too soon to help.
- Library Cleaning is Saturday the 19th at 9:00

International Relations: we received a thank-you letter for the Sewing Machines. The letter will be brought to the picnic for everyone to see.

OLD BUSINESS: Area Workshop

Where and When: part or all at the Nittany Valley Winery, October 11, starting at 9:00 with an hour of socializing, followed by presentations and workshop. It will be called the “Area 123” workshop because members of Areas 2 and 3 may join us; we could have representatives from 10 other clubs with us.

Theme: Red, White and Green – Red and White because of the Winery, Green because of the accent on our Carbon Footprint. This could be the beginning of a District Two service project, since Becky is Chair of the District Two Service Committee. We may have grocery stores donate cloth bags, and get water bottles to put in each bag. We would like to connect the workshop with the UNA/USA UN Day dinner in October. We would also like our club to sponsor a green refrigerator magnet. Phyllis will get a design and figure costs, and will bring them to the board meeting; she may email or call people with updates. Theresa moved that we go forward with this if the board approves, June seconded, and the motion carried.

Details: We are planning on members making food for the workshop: a beef briquette, pulled pork and salads. We still need to figure out costs for the wine tasting and general attendance. We may have some people coming who want home housing. Phyllis will send out emails to get head counts, and to ask if attendees want to stay with us. We will use Woodcraft Industries’ auditorium for more than 35 people, but if fewer than 35, we can have it all at the winery. We will carpool to go to the winery, and will ask Candy Covey to talk about wine tasting.

NEW BUSINESS

- ❖ We are starting a new feature in the newsletter: if you’ve learned something good or cool about one of the members and they have not shared it, we will. **Blow someone’s horn.**
- ❖ **Becky** pointed out that over the last 2 years, we have built reserves to \$15, 000 and have all the operating money that we had hoped for.
- ❖ District Two books, Blair County books, and Center County books were audited and passed beautifully.
- ❖ The Viva Las Vegas event for the AIDS Project was a pride event for people to

celebrate who they are. It was a great event, and everyone had fun.

- ❖ The picnic is \$15 per person and will be held at Millbrook Marsh—info will be out before the 20th. It will be in the newsletter. Email Barb if you are coming, and let her know the number of guests you are bringing.

Adjournment: 7:45

Program: Program Planning.

CALENDAR OF EVENTS

August

- 6 5:45 Board Meeting
- 12 International Youth Day (UN)
- 20 6:00 Picnic

September

- 3 5:45 Board Meeting
- 17 6:00 Dinner Meeting

October

- 11 9:00 **AREA WORKSHOP**

BIRTHDAYS

August

- 11: Theresa
- 14: Ellie
- 15: Becky
- 17: Ginny M.
- 20: Micki

September

- 4: Vicki
- 6: Jan
- 9: Sally
- 15: Cathy
- 19: Marge
- 23: Louise



COMMITTEES RESPONSIBLE FOR ACCENT

Beginning in September, the committee responsible for the month's program will also be responsible for the Accent. This is a change from how we have managed it in the past – the assigned committee will be in charge of the entire meeting. We are going to alternate the theme of the Accent. Beginning in September the theme will be "Green". In October the theme will be our "Mission Statement"; in November, back to the "Green" theme, and so on. Here is a synopsis of the upcoming year:

Month	Committee	Program	Accent
September	Finance	Carbon Footprint	Green
October	International	Unknown	Mission statement
November	Service	Highlight Organizations & members	Green
December	Communications	Holiday Party	No Accent
January	Membership & Board	Add an Altrusan / Grant Recipient	Mission statement
February	International	Unknown	Green
March	Communications	Fundraising event planning	Mission statement
April	Finance	Big Green Budget	Green
May	Membership	Installation of Officers	Mission statement
June	Board	Committee / Program planning	Green
July	Service	Hands-on Service Project	No Accent
August	Membership	Picnic/horse race	No Accent

ALTRUSA INTERNATIONAL, INC. OF CENTRE COUNTY

Invites

Altrusa Clubs in Area 1, Area 2, and Area 3 to

“RED, WHITE, OR GREEN”

**ALTRUSA DISTRICT TWO
AREA WORKSHOP**

When: October 11, 2008

**Where: Woodcraft Industries, Inc.
595 Rolling Ridge Dr.
Bellefonte, PA 16823**

And

**Mount Nittany Vineyard & Winery
Linden Hall, PA**

Tentative

**Schedule: 9:00 to 10:00 a.m. – Reception &
Continental Breakfast
10:00 to 11:30 a.m. - Can District Two Be Green?
11:30 to 12:00 Noon – Wine Tasting 101
12:00 to 1:00 p.m. – Lunch
1:00 to 1:30 p.m. – Travel to Vineyard
1:30 to ? - Vineyard Tour and Wine Tasting**

Projected Cost: \$20.00

**Please reply with number of attendees from each club by August 30, 2008.
Home Hospitality will be available from Centre County Altrusans; please indicate
with reply if interested.
Dietary restrictions: please indicate with reply.
Directions for travel will be forwarded at a later date.**

ALTRUSA ACTION:

August 2008

Altrusa International, Inc. of Centre County
P.O. Box 1232
State College, PA 16804

***IT'S PICNIC TIME, AND WE'RE
OFF TO THE RACES***



www.AltrusaCentreCounty.homestead.com